



From the Principal ...

Dear Parents and Guardians,

COVID-19 UPDATE

Key points:

The expectations for rural and regional schools are different to those for metropolitan and Mitchell Shire schools.

We will continue to operate as we have been. That means we still need to have social distancing measures in place, particularly amongst adults at drop off and pick up time. Our staggered finish times will continue.

Sanitising on entry and exit off the school MUST happen, along with throughout the day as directed. The school will continue to be cleaned throughout the school day and then again at the end of the day.

Students should bring their own drink bottle for use at the school as students should not drink directly from drinking fountains at this time. Taps may be used to refill water bottles.

Playground equipment can be used by students.

Face masks and temperature checks are not required for our students or staff (Happy for students and staff to wear masks if they choose to). However, if a student, parent or staff member is unwell they MUST STAY HOME. There is a drive through testing site at the Wonthaggi Hospital. The advice is, if you are unwell, get tested and then isolate until you receive the test results. We all need to play our part in keeping everyone safe.

SCHOOL ASSEMBLY

We have moved our assembly to 2:30pm on a Friday afternoon with all our classes linking in via webex from their classrooms. A video of the assembly will then be posted on Compass for all our families to see. Friday's assembly is up on Compass now. In these restricted times we are exploring ways of bringing our school community together.

Regards,

Andrew Strickland
PRINCIPAL

WONTHAGGI NORTH PRIMARY SCHOOL
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PRINCIPAL
Andrew Strickland

ASSISTANT PRINCIPAL
Wendy Nicol

We value:

- ~ Positive Relationships ~
- ~ High Expectations ~
- ~ Excellent Behaviour ~

2020 CALENDAR

JULY

- Thurs 30 Bookclub orders and payment due
Fri 31 Confidential Student Enrolment details to be returned by this date please

AUGUST

- Tues 11 PFA - Billy G's Gourmet Cookie Dough
Final online and cash orders due
Fri 14 Gr 3/4 Rumbug Camp - final payment due

SEPTEMBER

- Wed 2 -
Fri 4 Grade 3/4 Rumbug
Thurs 10 Billy G's Gourmet Cookie Dough order deliveries
Fri 18 Term 3 concludes

TUESDAY IS NUDE FOOD DAY

Please bring a rubbish free lunch

BREAKFAST CLUB

Monday, Wednesday, Thursday & Friday
8.15am – 8.50am
in the CLA

SCHOOL BANKING

Wednesday

SUSHI 2020 - \$3.00 each

Wednesday - orders to office by 9.00am

CANTEEN

N/A - until further notice

2020 TERM DATES

Term 3 13 July - 18 September
Term 4 5 October - 18 December

Office Hours: 8.30am - 4.00pm

CONFIDENTIAL INFORMATION FORMS

School Funding is directly linked to our student enrolment information. Therefore, it is vital that this information is accurate and up to date. Confidential Student Information forms have been sent home recently to families. Please return these forms by Friday 31st July 2020.

We appreciate the time taken to check through these details, and thank you for your co-operation.

Please return forms to the office by Friday 31st July.

BREAKFAST CLUB

Due to restrictions Breakfast Club will be a little different this term. The **Wonthaggi Salvation Army** is very generously supporting us in providing Breakfast Packs. Each pack contains cereal, milk and juice.

**Monday, Wednesday, Thursday & Friday
8.15 – 8.50am in the CLA**

Due to restrictions - no parent or community helpers.
Thank you.

Grade 3/4 Camp Rumbug

Just a friendly reminder, to enable your child to attend full payment must be made by Friday 14th of August.

Thank you to the families who have already paid.

If you have any queries about the camp please contact your child's teacher or our friendly office staff.

Becky Parsons, Caroline Blakely and Kylie Strickland.

HEAD LICE

Please be vigilant in checking your child's hair for head lice. Unfortunately this is a problem we share and we must support each other in this matter.



PFA COOKIE DOUGH FUNDRAISER

We are holding a Billy G's Gourmet Cookie Dough drive as a major fundraiser this term.

Your support is greatly appreciated and all funds raised will go towards New Furniture.

Remember that this delicious cookie dough is only available through fundraising and is not available in stores, so make sure to stock up!

Online payment is the preferred method, however cash payments will be accepted.

Final online and cash orders due:

Tuesday 11th August 2020

Delivery date: Thursday 10th September 2020

Introducing **SCHOLASTIC** Book Clubs **LOOP** for Parents

LOOP is the **NEW** Scholastic Book Clubs
Linked Online Ordering & Payment platform for parents.
To order and pay for Scholastic Book Clubs by credit card visit:
www.scholastic.com.au/LOOP

Now available for your iPad or iPhone

BOOKCLUB

If you wish to order from this issue of book club, orders are to be returned to the school by **Thursday 30th July**.

If you are paying by cheque please make sure cheques are made payable to Wonthaggi North Primary School not Scholastic Book Club.

ATTENDANCE LETTERS

Attendance letters have been sent home to families. It is a legal requirement that our school records the attendance of all students enrolled. If you have received a letter, please return it to school so we can update our records.

CHANGE OF CLOTHES

During this wet weather, please remember to pack spare clothes for your child/children. We have minimal uniform stock in sickbay.



STUDENT AWARDS BEING PRESENTED AT ASSEMBLY ON FRIDAY 31ST JULY

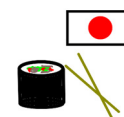
1A	TRISTAN STOCKDALE
2A	XAVIER RILEY-PARROTT
34A	JULIA OGLE
34B	ARCHIE WINTLE
34C	CLARISSA JOHNSON
56A	TORRIE WHITTINGHAM
56B	JOURDAN MOORE
MUSIC	BRODY VURLOW
SCIENCE	TALIAH FULHAM



SUSHI ORDERS

Sushi is \$3.00 per roll available **Wednesdays only** and orders are to be sent to the school office by **9.00am**.

Tuna Mayo and Corn
Salmon California
Chicken Teriyaki
Crab Stick California
Chicken Schnitzel
Vegetarian Salad
Spicy Tuna Mayonnaise
Avocado Mayo



**Late orders
cannot be
accepted**



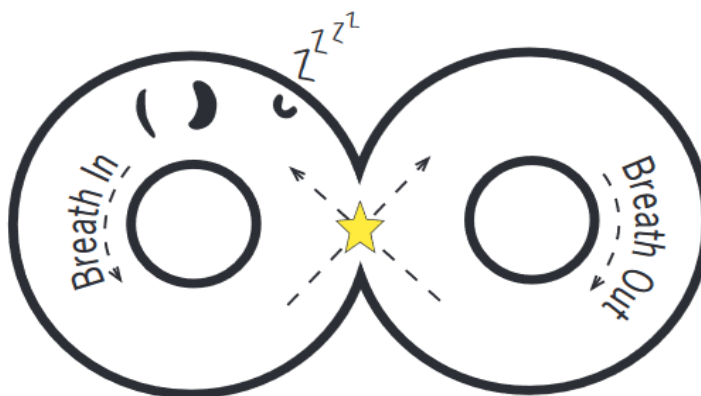
ZONES OF REGULATION

This week we are focusing on the red zone. The red zone includes emotions such as: anger, terror, aggression and elation.

Students will be adding strategies to their toolbox to help them recognise when they are entering the red zone. Students will use these tools to help them to calm down.

Our aim is to always find a way to get ourselves back to the green zone. Where we are calm and ready to learn.

Lazy 8 Breathing



Trace the Lazy 8 with your finger starting at the star and taking a deep breath in.

As you cross over to the other side of the Lazy 8, slowly let your breath out.

Continue breathing around the Lazy 8 until you have a calm body and mind.

What Zone are You In?

Red Zone

Anger, Terror, Aggression, Elation



Yellow Zone

Frustrated, Worried, Overwhelmed, Silly, Excited, Anxious



Green Zone

Happy, Calm, Focused, "Ready to Learn"



Blue Zone

Tired, Sick, Sad, Depressed, Bored



Protect yourself and your family

Cover your cough and sneeze



1

COVER your mouth and nose with a tissue when you cough or sneeze.

Put your used tissue in the rubbish **BIN**.

2



3

If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, **NOT YOUR HANDS**.

WASH your hands with soap and running water. Dry your hands thoroughly with a disposable paper towel or hand dryer.

4



Stay germ free and healthy